

DANCE MINISTRY FOCUSED GROUP

CURRICULUM FOR THE 2026 SESSION

VISION

To raise a generation of spirit-filled worshippers who use dance as a tool of worship, ministration, and evangelism, bringing people into the presence of God and glorifying Him through inspired movement.

DURATION: 8 Weeks

DATE: [Insert Start Date]

GENERAL OBJECTIVES OF THE CURRICULUM

By the end of 8 weeks, participants should be able to:

- Understand the biblical foundation and spiritual significance of dance as ministry.
- Develop confidence in expressing worship through movement.
- Demonstrate proper body coordination, posture, timing, and stage awareness.
- Understand and perform basic worship dance movements.
- Learn the spiritual meaning and practical use of flags in worship ministry.
- Develop teamwork, synchronization, and unity in group ministrations.
- Interpret worship songs through movement and spiritual sensitivity.
- Build discipline, consistency, and excellence in ministry service.
- Minister effectively during church services, programs, and special events.
- Grow spiritually while using dance as a form of worship and evangelism.

SUMMARY OF PLANNED ACTIVITIES

- Introduction of facilitator and participants, including expectations (Week 1).
- Sharing of course outline and ministry expectations.
- Weekly training sessions (Physical meetings / Church rehearsals).
- WhatsApp discussions, practice videos, Q&A, and encouragement (Midweek).
- Prayer meetings and spiritual preparation sessions.

VIRTUAL MEETING SCHEDULE

DATE	SESSION FOCUS	PLATFORM	TIME	PRESENTER
WEEK 1	Introduction to Dance Ministry	Google meet	TBD	Sis Joy and Sis Favour (Facilitator)
WEEK 2	Foundations of Worship & Movement	Google meet/Physical Meeting	TBD	Sis Joy and Sis Favour (Facilitator)
WEEK 3	Basic Dance Techniques	Google meet/Physical Meeting	TBD	Sis Joy and Sis Favour (Facilitator)
WEEK 4	Flag Dance Training	Google meet/Physical Meeting	TBD	Sis Joy and Sis Favour (Facilitator)
WEEK 5	Group Choreography & Coordination	Google meet/Physical Meeting	TBD	Sis Joy and Sis Favour (Facilitator)

WEEK 6	Dance as Ministration	Google meet/Physical Meeting	TBD	Sis Joy and Sis Favour (Facilitator)
WEEK 7	Rehearsals & Spiritual Preparation	Google meet/Physical Meeting	TBD	Sis Joy and Sis Favour (Facilitator)
WEEK 8	Final project presentation, Ministration & Evaluation	Google meet/Physical Meeting	TBD	Sis Joy and Sis Favour (Facilitator)

WEEKLY BREAKDOWN

Week 1: Introduction to Dance Ministry

This week focuses on introducing participants to the purpose of dance ministry.

You'll learn:

- The biblical foundation of dance
- Dance as worship vs performance
- Expectations and ministry culture

Outcome: Participants understand the vision and purpose of the ministry.

Week 2: Foundations of Worship & Movement

This week focuses on connecting spiritually before movement.

You'll learn:

- Worship posture
- Spiritual sensitivity
- Basic movement expression

Mini Exercise: Simple worship flow exercise.

Week 3: Basic Dance Techniques

This session focuses on movement development.

You'll learn:

- Body control
- Posture and coordination
- Timing and rhythm

Action Task: Practice basic movement combinations.

Week 4: Introduction to Flag Dance

This week introduces the ministry of flags.

You'll learn:

- Symbolism of flags in worship
 - Basic flag handling
 - Flow and movement transitions
- Practical Exercise: Individual flag movement practice.

Week 5: Group Choreography & Unity

This session focuses on teamwork.

You'll learn:

- Synchronization
- Formation changes
- Stage awareness

Action Task: Practice a short group routine.

Week 6: Dance as Ministration

This week focuses on spiritual expression.

You'll learn:

- Interpreting worship songs
- Ministering through movement
- Sensitivity to the Holy Spirit

Key Output: A short worship ministration piece.

Week 7: Rehearsals & Spiritual Preparation

This week prepares participants for live ministry.

You'll learn:

- Full rehearsals
- Prayer and consecration
- Confidence building

Action Task: Group rehearsal and corrections.

Week 8: Showcase, Growth & Wrap-Up

We celebrate growth and ministry impact.

Activities include:

- Final church ministration
- Reflection and feedback
- Next growth steps

Celebration: Final presentation