

# The Accountability Circle (An 8-Week Action & Consistency Group for Your Pending Project)

*8-Week Execution & Accountability Focused Group*

## Objective

To help participants start, build, and publicly ship a project within 8 weeks through structured accountability, consistency, and community.

## Platforms to be used

- WhatsApp
- Weekly Google Meet sessions (30–60 mins)
- Shared progress tracker (Google Sheets)

## Pre-Programme Requirements

All participants must define:

- Their project
- Final 8-week goal (what 'shipping' means)
- Weekly progress goals (Week 1–8)

These will be documented before the programme begins or at the first meeting for those who don't.

## Orientation Session (Week 1)

- Introduction and expectations
- What 'Build & Ship' means
- Depending on the group size, participants introduce themselves, including their Build & Ship goal. (project + avoided goal)
- Final goal definition
- Weekly goal mapping (all 8 weeks upfront)

## Accountability Rules

- Weekly output submission is mandatory
- All outputs must include proof (link or evidence)
- Participants must post weekly goals and results
- Missing 2 consecutive check-ins without prior communication will result in removal from the programme

## Weekly WhatsApp Engagement

Monday: Share new goal for the week

Wednesday: Midweek check-in (blockers, support, questions)

Thursday: Show proof of execution of action.

Friday/Saturday: Google Meet call

## Weekly Google Meet Structure

- Short teaching or guest session
- Participant check-ins
- Peer feedback
- Clarify weekly deliverables

## 8-Week Curriculum

Week 1: Orientation & Goal Setting

Week 2: Starting Messy (Execution over perfection)

Week 3: Structure & Consistency

Week 4: Visibility & Shipping (Guest: Content/Branding)

Week 5: Feedback & Iteration

Week 6: Momentum & Discipline (Guest: Builder/Operator)

Week 7: Finishing Strong

Week 8: Demo Day & Showcase (Physical event based on participants' agreement)

Week	Theme	Focus Area	Facilitator	Date	Platform
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Wee k 1	Orientati on & Goal Setting	Program introduction, expectations, defining outcomes	Efe Ukpebor	TBD	Google Meet
Wee k 2	Starting Messy	Execution over perfection, taking first action	Efe Ukpebor	TBD	Google Meet
Wee k 3	Structur e & Consiste ncy	Building systems, routines, and discipline	Efe Ukpebor	TBD	Google Meet
Wee k 4	Visibility & Shipping	Publishing work, personal branding (Guest: Content/Brandi ng expert)	Anakhuagbo r Sule - <a href="https://www.linkedin.com/in/anakhuagbor-sule/">https://www. linkedin.com /in/anakhuag bor-sule/</a>	TBD	Google Meet
Wee k 5	Feedbac k & Iteration	Learning from feedback, improving outputs	Efe Ukpebor	TBD	Google Meet
Wee k 6	Moment um & Disciplin e	Sustaining execution (Guest: Builder/Systems Coach)	Justice Anaba <a href="https://www.linkedin.com/in/justice-anaba/">https://www. linkedin.com /in/justice- anaba/</a>	TBD	Google Meet
Wee k 7	Finishing Strong	Delivery, refinement,	Efe Ukpebor	TBD	Google Meet

		completing outputs			
Week 8	Demo Day & Showcase	Final presentations / physical showcase	Efe Ukpebor	TBD	Google Meet

*Members of the focused group would be intermittently called on to facilitate.*

### Engagement Activities

These are some ideas to keep engagement and momentum amongst the members of the Focused group throughout the semester and will be used or not used based on our assessment of the members.

1. Weekly 'Ship of the Week' recognition
2. Accountability pods (3–4 people) - Depends on the size of the class
3. Peer review sessions (Week 5)
4. Demo Day presentation
5. Optional co-working sessions (virtual focus hours where we block time to work on our respective projects while on a call together)
6. 'Build in Public' challenge week
7. Progress leaderboard
8. Testimony sharing moments
9. Church meet ups

### Tracking System

A shared Google Sheet with:

- Name
- Project
- Weekly goal
- Status (Done/Not Done)
- Output link

### Closing Event (Week 8)

Physical (or virtual) meetup where participants:

- Present their project
- Share progress and lessons
- Declare next steps